



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

SV Kyffhäuser

Total time: 15:09:03

Number: 212

Speed: 11.09 km/h

Running performance: 5:23 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 82 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 66(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:15:44	5:02	72	23:47	98	23:47	15.02	1:15:44	5:02	72	23:47	98	23:47
Kleiner Inselsber	18.94	1:58:53	6:16	131	42:41	185	42:41	33.96	3:14:37	5:43	119	1:04:56	162	1:04:56
Neue Ausspanne	13.90	1:11:26	5:08	60	24:12	72	24:12	47.86	4:26:03	5:33	91	1:29:08	121	1:29:08
Grenzdler	13.68	1:22:09	6:00	111	29:06	153	29:06	61.54	5:48:12	5:39	101	1:58:14	130	1:58:14
Allzunah	19.96	1:28:39	4:26	25	14:38	30	16:12	81.50	7:16:51	5:21	72	2:08:43	88	2:08:43
Masserberg	17.89	1:39:09	5:32	72	33:18	95	36:12	99.39	8:56:00	5:23	67	2:40:00	82	2:40:00
Neuhaus	19.86	1:45:38	5:19	69	29:50	97	35:16	119.25	10:41:38	5:22	66	3:02:25	80	3:02:25
Schildwiese	13.54	1:12:40	5:22	81	31:02	107	31:02	132.79	11:54:18	5:22	64	3:26:11	78	3:26:11
Grumbach	18.58	1:40:42	5:25	98	35:28	135	35:28	151.37	13:35:00	5:23	65	4:01:25	80	4:01:25
Blankenstein	17.60	1:34:03	5:20	87	30:19	116	30:19	168.97	15:09:03	5:22	66	4:30:41	82	4:30:41