



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

X-Runners Mix

Total time: 12:59:32

Number: 547

Speed: 12.93 km/h

Running performance: 4:37 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 20 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 3(of 66)

Mixstaffel

Best time in the category: 11:54:56

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:14:03	4:55	22	12:50	78	22:06	15.02	1:14:03	4:55	22	12:50	222	22:06
Kleiner Inselsber	18.94	1:33:46	4:57	9	10:09	30	17:34	33.96	2:47:49	4:56	8	20:50	222	38:08
Neue Ausspanne	13.90	1:19:47	5:44	21	14:47	126	32:33	47.86	4:07:36	5:10	11	35:20	225	1:10:41
Grenzdler	13.68	1:04:34	4:43	2	1:28	29	11:31	61.54	5:12:10	5:04	7	29:53	225	1:22:12
Allzunah	19.96	1:31:26	4:34	7	18:59	41	18:59	81.50	6:43:36	4:57	5	45:32	223	1:35:28
Masserberg	17.89	1:10:24	3:56	3	7:27	5	7:27	99.39	7:54:00	4:46	3	37:00	225	1:38:00
Neuhaus	19.86	1:27:53	4:25	4	17:31	16	17:31	119.25	9:21:53	4:42	3	53:38	225	1:42:40
Schildwiese	13.54	1:04:56	4:47	4	3:36	43	23:18	132.79	10:26:49	4:43	3	57:08	225	1:58:42
Grumbach	18.58	1:14:20	4:00	2	4:38	8	9:06	151.37	11:41:09	4:37	2	1:01:46	225	2:07:34
Blankenstein	17.60	1:18:23	4:27	4	4:54	30	14:39	168.97	12:59:32	4:36	3	1:04:36	20	2:21:10