



21. Rennsteig-Staffellauf
Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Landeskommando Thüringen

Total time: 15:14:30

Number: 157

Speed: 11.02 km/h

Running performance: 5:25 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 93 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 77(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:33:14	6:12	141	41:17	207	41:17	15.02	1:33:14	6:12	141	41:17	207	41:17
Kleiner Inselsber	18.94	1:44:56	5:32	66	28:44	91	28:44	33.96	3:18:10	5:50	126	1:08:29	175	1:08:29
Neue Ausspanne	13.90	1:10:23	5:03	53	23:09	63	23:09	47.86	4:28:33	5:36	102	1:31:38	136	1:31:38
Grenzadler	13.68	1:17:42	5:40	90	24:39	116	24:39	61.54	5:46:15	5:37	92	1:56:17	119	1:56:17
Allzunah	19.96	1:39:05	4:57	65	25:04	83	26:38	81.50	7:25:20	5:27	86	2:17:12	107	2:17:12
Masserberg	17.89	1:37:40	5:27	70	31:49	92	34:43	99.39	9:03:00	5:27	76	2:47:00	94	2:47:00
Neuhaus	19.86	2:01:36	6:07	122	45:48	180	51:14	119.25	11:04:36	5:34	94	3:25:23	116	3:25:23
Schildwiese	13.54	1:06:54	4:56	42	25:16	52	25:16	132.79	12:11:30	5:30	88	3:43:23	107	3:43:23
Grumbach	18.58	1:38:30	5:18	93	33:16	122	33:16	151.37	13:50:00	5:28	82	4:16:25	101	4:16:25
Blankenstein	17.60	1:24:30	4:48	50	20:46	65	20:46	168.97	15:14:30	5:24	77	4:36:08	93	4:36:08