



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

Sport Jeel Shooting Stars

Total time: 12:09:05

Number: 251

Speed: 13.83 km/h

Running performance: 4:19 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 10 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 9(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:00:29	4:01	7	8:32	7	8:32	15.02	1:00:29	4:01	7	8:32	7	8:32
Kleiner Inselsber	18.94	1:30:23	4:46	13	14:11	18	14:11	33.96	2:30:52	4:26	11	21:11	13	21:11
Neue Ausspanne	13.90	56:34	4:04	9	9:20	9	9:20	47.86	3:27:26	4:20	8	30:31	8	30:31
Grenzadler	13.68	59:40	4:21	9	6:37	9	6:37	61.54	4:27:06	4:20	8	37:08	8	37:08
Allzunah	19.96	1:20:03	4:00	7	6:02	10	7:36	81.50	5:47:09	4:15	7	39:01	7	39:01
Masserberg	17.89	1:19:51	4:27	18	14:00	23	16:54	99.39	7:07:00	4:17	7	51:00	7	51:00
Neuhaus	19.86	1:21:11	4:05	5	5:23	8	10:49	119.25	8:28:11	4:15	7	48:58	7	48:58
Schildwiese	13.54	55:48	4:07	11	14:10	11	14:10	132.79	9:23:59	4:14	6	55:52	6	55:52
Grumbach	18.58	1:25:28	4:35	27	20:14	40	20:14	151.37	10:49:27	4:17	9	1:15:52	10	1:15:52
Blankenstein	17.60	1:19:38	4:31	32	15:54	39	15:54	168.97	12:09:05	4:18	9	1:30:43	10	1:30:43