



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

HaDuLuZuLa

Total time: 15:28:45

Number: 159

Speed: 10.85 km/h

Running performance: 5:30 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 104 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 85(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:16:13	5:04	75	24:16	102	24:16	15.02	1:16:13	5:04	75	24:16	102	24:16
Kleiner Inselsber	18.94	1:57:03	6:10	124	40:51	175	40:51	33.96	3:13:16	5:41	116	1:03:35	156	1:03:35
Neue Ausspanne	13.90	1:02:30	4:29	16	15:16	17	15:16	47.86	4:15:46	5:20	67	1:18:51	83	1:18:51
Grenzadler	13.68	1:21:14	5:56	105	28:11	143	28:11	61.54	5:37:00	5:28	74	1:47:02	95	1:47:02
Allzunah	19.96	1:53:48	5:42	117	39:47	165	41:21	81.50	7:30:48	5:31	95	2:22:40	118	2:22:40
Masserberg	17.89	1:39:12	5:32	73	33:21	96	36:15	99.39	9:10:00	5:32	90	2:54:00	109	2:54:00
Neuhaus	19.86	1:46:10	5:20	70	30:22	101	35:48	119.25	10:56:10	5:30	83	3:16:57	102	3:16:57
Schildwiese	13.54	1:16:20	5:38	99	34:42	131	34:42	132.79	12:12:30	5:30	90	3:44:23	109	3:44:23
Grumbach	18.58	1:44:30	5:37	116	39:16	162	39:16	151.37	13:57:00	5:31	94	4:23:25	114	4:23:25
Blankenstein	17.60	1:31:45	5:12	78	28:01	101	28:01	168.97	15:28:45	5:29	85	4:50:23	104	4:50:23