



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

HainichPowerMix Mühlhausen

Total time: 16:35:36

Number: 566

Speed: 10.12 km/h

Running performance: 5:53 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 180 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 42(of 66)

Mixstaffel

Best time in the category: 11:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:22:24	5:29	39	21:11	155	30:27	15.02	1:22:24	5:29	39	21:11	222	30:27
Kleiner Inselsber	18.94	1:59:28	6:18	52	35:51	188	43:16	33.96	3:21:52	5:56	51	54:53	222	1:12:11
Neue Ausspanne	13.90	1:31:52	6:36	54	26:52	200	44:38	47.86	4:53:44	6:08	54	1:21:28	225	1:56:49
Grenzadler	13.68	1:23:16	6:05	38	20:10	160	30:13	61.54	6:17:00	6:07	54	1:34:43	225	2:27:02
Allzunah	19.96	1:54:17	5:43	43	41:50	170	41:50	81.50	8:11:17	6:01	51	2:13:13	223	3:03:09
Masserberg	17.89	1:59:29	6:40	52	56:32	199	56:32	99.39	10:10:46	6:08	58	2:53:46	225	3:54:46
Neuhaus	19.86	1:51:24	5:36	35	41:02	125	41:02	119.25	12:02:10	6:03	54	3:33:55	225	4:22:57
Schildwiese	13.54	1:16:00	5:36	22	14:40	128	34:22	132.79	13:18:10	6:00	50	3:48:29	225	4:50:03
Grumbach	18.58	1:39:50	5:22	30	30:08	130	34:36	151.37	14:58:00	5:55	47	4:18:37	187	5:24:25
Blankenstein	17.60	1:37:36	5:32	30	24:07	132	33:52	168.97	16:35:36	5:53	42	4:40:40	180	5:57:14