



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Lauffeuer Fröttstädt

Total time: 15:35:50

Number: 158

Speed: 10.77 km/h

Running performance: 5:32 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 114 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 93(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:02:59	4:11	14	11:02	16	11:02	15.02	1:02:59	4:11	14	11:02	17	11:02
Kleiner Inselsber	18.94	1:42:39	5:25	55	26:27	78	26:27	33.96	2:45:38	4:52	21	35:57	30	35:57
Neue Ausspanne	13.90	1:18:44	5:39	98	31:30	120	31:30	47.86	4:04:22	5:06	42	1:07:27	53	1:07:27
Grenzadler	13.68	1:12:56	5:19	63	19:53	78	19:53	61.54	5:17:18	5:09	39	1:27:20	51	1:27:20
Allzunah	19.96	1:54:18	5:43	122	40:17	171	41:51	81.50	7:11:36	5:17	68	2:03:28	83	2:03:28
Masserberg	17.89	1:42:24	5:43	88	36:33	116	39:27	99.39	8:54:00	5:22	66	2:38:00	81	2:38:00
Neuhaus	19.86	1:43:22	5:12	58	27:34	84	33:00	119.25	10:37:22	5:20	61	2:58:09	74	2:58:09
Schildwiese	13.54	1:27:22	6:27	133	45:44	200	45:44	132.79	12:04:44	5:27	80	3:36:37	96	3:36:37
Grumbach	18.58	1:50:16	5:56	127	45:02	181	45:02	151.37	13:55:00	5:30	89	4:21:25	109	4:21:25
Blankenstein	17.60	1:40:50	5:43	117	37:06	165	37:06	168.97	15:35:50	5:32	93	4:57:28	114	4:57:28