



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Lauffreunde Weinbergen

Total time: 15:39:46

Number: 128

Speed: 10.73 km/h

Running performance: 5:34 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 121 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 99(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:18:21	5:12	87	26:24	122	26:24	15.02	1:18:21	5:12	87	26:24	122	26:24
Kleiner Inselsber	18.94	1:54:12	6:01	117	38:00	163	38:00	33.96	3:12:33	5:40	110	1:02:52	149	1:02:52
Neue Ausspanne	13.90	1:15:24	5:25	82	28:10	97	28:10	47.86	4:27:57	5:35	100	1:31:02	133	1:31:02
Grenzadler	13.68	1:08:28	5:00	39	15:25	45	15:25	61.54	5:36:25	5:27	73	1:46:27	94	1:46:27
Allzunah	19.96	1:52:54	5:39	114	38:53	159	40:27	81.50	7:29:19	5:30	93	2:21:11	115	2:21:11
Masserberg	17.89	2:00:41	6:44	138	54:50	201	57:44	99.39	9:30:00	5:44	114	3:14:00	143	3:14:00
Neuhaus	19.86	1:42:49	5:10	51	27:01	75	32:27	119.25	11:12:49	5:38	102	3:33:36	127	3:33:36
Schildwiese	13.54	1:15:08	5:32	93	33:30	121	33:30	132.79	12:27:57	5:37	99	3:59:50	123	3:59:50
Grumbach	18.58	1:26:03	4:37	30	20:49	45	20:49	151.37	13:54:00	5:30	88	4:20:25	108	4:20:25
Blankenstein	17.60	1:45:46	6:00	127	42:02	183	42:02	168.97	15:39:46	5:33	99	5:01:24	121	5:01:24