



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Erbstromtaler Schmalwaden

Total time: 16:42:21

Number: 528

Speed: 10.06 km/h

Running performance: 5:56 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 186 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 45(of 66)

Mixstaffel

Best time in the category: 11:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:18:12	5:12	30	16:59	120	26:15	15.02	1:18:12	5:12	30	16:59	222	26:15
Kleiner Inselsber	18.94	1:57:33	6:12	47	33:56	177	41:21	33.96	3:15:45	5:45	40	48:46	222	1:06:04
Neue Ausspanne	13.90	1:22:35	5:56	32	17:35	150	35:21	47.86	4:38:20	5:48	44	1:06:04	225	1:41:25
Grenzadler	13.68	1:22:21	6:01	35	19:15	155	29:18	61.54	6:00:41	5:51	38	1:18:24	225	2:10:43
Allzunah	19.96	1:43:36	5:11	25	31:09	114	31:09	81.50	7:44:17	5:41	28	1:46:13	223	2:36:09
Masserberg	17.89	2:17:43	7:41	62	1:14:46	220	1:14:46	99.39	10:02:00	6:03	50	2:45:00	225	3:46:00
Neuhaus	19.86	1:52:16	5:39	36	41:54	132	41:54	119.25	11:54:16	5:59	48	3:26:01	225	4:15:03
Schildwiese	13.54	1:10:54	5:14	13	9:34	85	29:16	132.79	13:05:10	5:54	42	3:35:29	225	4:37:03
Grumbach	18.58	1:43:50	5:35	40	34:08	158	38:36	151.37	14:49:00	5:52	41	4:09:37	179	5:15:25
Blankenstein	17.60	1:53:21	6:26	56	39:52	205	49:37	168.97	16:42:21	5:55	45	4:47:25	186	6:03:59