



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Wechselprofis

Number: 188

Course: 168.97 km
Hörschel-Blankenstein

Category:
Männerstaffel

Total time: 15:58:12

Speed: 10.52 km/h

Running performance: 5:40 min/km

Rank in course: 142 (of 225)

Best time in course: 10:38:22

Rank in category: 113(of 147)

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:25:57	5:43	128	34:00	181	34:00	15.02	1:25:57	5:43	128	34:00	181	34:00
Kleiner Inselsber	18.94	1:45:06	5:32	69	28:54	94	28:54	33.96	3:11:03	5:37	104	1:01:22	142	1:01:22
Neue Ausspanne	13.90	1:16:19	5:29	87	29:05	103	29:05	47.86	4:27:22	5:35	96	1:30:27	129	1:30:27
Grenzadler	13.68	1:25:51	6:16	121	32:48	175	32:48	61.54	5:53:13	5:44	119	2:03:15	151	2:03:15
Allzunah	19.96	1:46:32	5:20	99	32:31	135	34:05	81.50	7:39:45	5:38	112	2:31:37	140	2:31:37
Masserberg	17.89	1:23:15	4:39	24	17:24	31	20:18	99.39	9:03:00	5:27	76	2:47:00	94	2:47:00
Neuhaus	19.86	2:07:50	6:26	134	52:02	203	57:28	119.25	11:10:50	5:37	98	3:31:37	123	3:31:37
Schildwiese	13.54	1:20:59	5:58	117	39:21	166	39:21	132.79	12:31:49	5:39	102	4:03:42	127	4:03:42
Grumbach	18.58	1:53:11	6:05	132	47:57	193	47:57	151.37	14:25:00	5:42	114	4:51:25	148	4:51:25
Blankenstein	17.60	1:33:12	5:17	86	29:28	114	29:28	168.97	15:58:12	5:40	113	5:19:50	142	5:19:50