



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Holzland 10-er

Total time: 15:37:16

Number: 180

Speed: 10.75 km/h

Running performance: 5:33 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 117 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 96(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:25:54	5:43	127	33:57	180	33:57	15.02	1:25:54	5:43	127	33:57	180	33:57
Kleiner Inselsber	18.94	1:50:37	5:50	101	34:25	137	34:25	33.96	3:16:31	5:47	124	1:06:50	170	1:06:50
Neue Ausspanne	13.90	1:21:58	5:53	109	34:44	145	34:44	47.86	4:38:29	5:49	127	1:41:34	176	1:41:34
Grenzdler	13.68	1:16:26	5:35	83	23:23	103	23:23	61.54	5:54:55	5:46	120	2:04:57	154	2:04:57
Allzunah	19.96	1:44:15	5:13	89	30:14	118	31:48	81.50	7:39:10	5:38	109	2:31:02	137	2:31:02
Masserberg	17.89	1:43:50	5:48	97	37:59	127	40:53	99.39	9:23:00	5:39	107	3:07:00	130	3:07:00
Neuhaus	19.86	2:01:41	6:07	123	45:53	181	51:19	119.25	11:24:41	5:44	114	3:45:28	151	3:45:28
Schildwiese	13.54	1:10:13	5:11	63	28:35	80	28:35	132.79	12:34:54	5:41	107	4:06:47	133	4:06:47
Grumbach	18.58	1:33:06	5:00	59	27:52	80	27:52	151.37	14:08:00	5:36	100	4:34:25	125	4:34:25
Blankenstein	17.60	1:29:16	5:04	68	25:32	87	25:32	168.97	15:37:16	5:32	96	4:58:54	117	4:58:54