



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Turbo-Team

Total time: 16:10:01

Number: 199

Speed: 10.39 km/h

Running performance: 5:44 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 161 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 123(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:13:28	4:53	51	21:31	73	21:31	15.02	1:13:28	4:53	51	21:31	73	21:31
Kleiner Inselsber	18.94	1:49:31	5:46	98	33:19	132	33:19	33.96	3:02:59	5:23	68	53:18	95	53:18
Neue Ausspanne	13.90	1:27:58	6:19	129	40:44	186	40:44	47.86	4:30:57	5:39	110	1:34:02	146	1:34:02
Grenzadler	13.68	1:17:12	5:38	86	24:09	110	24:09	61.54	5:48:09	5:39	100	1:58:11	129	1:58:11
Allzunah	19.96	1:54:06	5:42	120	40:05	168	41:39	81.50	7:42:15	5:40	116	2:34:07	146	2:34:07
Masserberg	17.89	1:42:45	5:44	91	36:54	120	39:48	99.39	9:25:00	5:41	108	3:09:00	134	3:09:00
Neuhaus	19.86	1:57:00	5:53	111	41:12	160	46:38	119.25	11:22:00	5:43	110	3:42:47	142	3:42:47
Schildwiese	13.54	1:02:17	4:35	25	20:39	28	20:39	132.79	12:24:17	5:36	98	3:56:10	120	3:56:10
Grumbach	18.58	2:03:43	6:39	144	58:29	219	58:29	151.37	14:28:00	5:44	117	4:54:25	152	4:54:25
Blankenstein	17.60	1:42:01	5:47	120	38:17	170	38:17	168.97	16:10:01	5:44	123	5:31:39	161	5:31:39