



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Dolmarhoppers

Total time: 15:51:07

Number: 244

Speed: 10.60 km/h

Running performance: 5:38 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 133 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 107(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:11:20	4:44	36	19:23	49	19:23	15.02	1:11:20	4:44	36	19:23	49	19:23
Kleiner Inselsber	18.94	1:45:50	5:35	74	29:38	101	29:38	33.96	2:57:10	5:13	48	47:29	66	47:29
Neue Ausspanne	13.90	1:10:58	5:06	55	23:44	67	23:44	47.86	4:08:08	5:11	47	1:11:13	61	1:11:13
Grenzdler	13.68	1:21:48	5:58	107	28:45	148	28:45	61.54	5:29:56	5:21	61	1:39:58	77	1:39:58
Allzunah	19.96	1:37:25	4:52	59	23:24	73	24:58	81.50	7:07:21	5:14	58	1:59:13	73	1:59:13
Masserberg	17.89	1:45:39	5:54	101	39:48	134	42:42	99.39	8:53:00	5:21	63	2:37:00	78	2:37:00
Neuhaus	19.86	1:48:32	5:27	76	32:44	110	38:10	119.25	10:41:32	5:22	65	3:02:19	79	3:02:19
Schildwiese	13.54	1:15:03	5:32	92	33:25	120	33:25	132.79	11:56:35	5:23	68	3:28:28	83	3:28:28
Grumbach	18.58	1:38:25	5:17	92	33:11	121	33:11	151.37	13:35:00	5:23	65	4:01:25	80	4:01:25
Blankenstein	17.60	2:16:07	7:44	145	1:12:23	223	1:12:23	168.97	15:51:07	5:37	107	5:12:45	133	5:12:45