



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Footprinters

Total time: 15:39:04

Number: 198

Speed: 10.73 km/h

Running performance: 5:34 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 119 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 97(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:14:26	4:57	57	22:29	82	22:29	15.02	1:14:26	4:57	57	22:29	82	22:29
Kleiner Inselsber	18.94	1:45:31	5:34	72	29:19	98	29:19	33.96	2:59:57	5:17	59	50:16	80	50:16
Neue Ausspanne	13.90	1:24:39	6:05	126	37:25	172	37:25	47.86	4:24:36	5:31	81	1:27:41	110	1:27:41
Grenzadler	13.68	1:11:02	5:11	53	17:59	63	17:59	61.54	5:35:38	5:27	72	1:45:40	93	1:45:40
Allzunah	19.96	1:50:25	5:31	110	36:24	154	37:58	81.50	7:26:03	5:28	88	2:17:55	110	2:17:55
Masserberg	17.89	1:53:57	6:22	129	48:06	179	51:00	99.39	9:20:00	5:38	104	3:04:00	126	3:04:00
Neuhaus	19.86	2:04:36	6:16	128	48:48	193	54:14	119.25	11:24:36	5:44	113	3:45:23	150	3:45:23
Schildwiese	13.54	1:09:43	5:08	57	28:05	73	28:05	132.79	12:34:19	5:40	105	4:06:12	131	4:06:12
Grumbach	18.58	1:29:41	4:49	47	24:27	64	24:27	151.37	14:04:00	5:34	98	4:30:25	122	4:30:25
Blankenstein	17.60	1:35:04	5:24	90	31:20	119	31:20	168.97	15:39:04	5:33	97	5:00:42	119	5:00:42