



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Team Betonknacker

Total time: 15:53:22

Number: 208

Speed: 10.57 km/h

Running performance: 5:38 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 136 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 110(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:22:26	5:29	112	30:29	156	30:29	15.02	1:22:26	5:29	112	30:29	156	30:29
Kleiner Inselsber	18.94	1:58:20	6:14	128	42:08	182	42:08	33.96	3:20:46	5:54	131	1:11:05	183	1:11:05
Neue Ausspanne	13.90	1:09:55	5:01	50	22:41	58	22:41	47.86	4:30:41	5:39	109	1:33:46	144	1:33:46
Grenzadler	13.68	1:28:00	6:25	131	34:57	191	34:57	61.54	5:58:41	5:49	127	2:08:43	165	2:08:43
Allzunah	19.96	1:53:08	5:40	115	39:07	160	40:41	81.50	7:51:49	5:47	129	2:43:41	167	2:43:41
Masserberg	17.89	1:48:11	6:02	113	42:20	148	45:14	99.39	9:40:00	5:50	130	3:24:00	170	3:24:00
Neuhaus	19.86	1:54:29	5:45	103	38:41	146	44:07	119.25	11:34:29	5:49	123	3:55:16	163	3:55:16
Schildwiese	13.54	1:12:36	5:21	80	30:58	105	30:58	132.79	12:47:05	5:46	117	4:18:58	157	4:18:58
Grumbach	18.58	1:37:55	5:16	88	32:41	116	32:41	151.37	14:25:00	5:42	114	4:51:25	148	4:51:25
Blankenstein	17.60	1:28:22	5:01	63	24:38	80	24:38	168.97	15:53:22	5:38	110	5:15:00	136	5:15:00