



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

König Ludwig und sein Gefolge

Total time: 16:00:51

Number: 203

Speed: 10.49 km/h

Running performance: 5:41 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 146 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 115(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:20:04	5:19	97	28:07	137	28:07	15.02	1:20:04	5:19	97	28:07	137	28:07
Kleiner Inselsber	18.94	2:06:26	6:40	138	50:14	201	50:14	33.96	3:26:30	6:04	139	1:16:49	197	1:16:49
Neue Ausspanne	13.90	1:21:00	5:49	106	33:46	135	33:46	47.86	4:47:30	6:00	135	1:50:35	189	1:50:35
Grenzdler	13.68	1:12:07	5:16	59	19:04	73	19:04	61.54	5:59:37	5:50	129	2:09:39	168	2:09:39
Allzunah	19.96	1:43:27	5:10	85	29:26	113	31:00	81.50	7:43:04	5:40	117	2:34:56	148	2:34:56
Masserberg	17.89	1:26:56	4:51	34	21:05	42	23:59	99.39	9:10:00	5:32	90	2:54:00	109	2:54:00
Neuhaus	19.86	1:46:20	5:21	71	30:32	102	35:58	119.25	10:56:20	5:30	84	3:17:07	103	3:17:07
Schildwiese	13.54	1:41:06	7:28	146	59:28	222	59:28	132.79	12:37:26	5:42	109	4:09:19	137	4:09:19
Grumbach	18.58	1:50:34	5:57	128	45:20	183	45:20	151.37	14:28:00	5:44	117	4:54:25	152	4:54:25
Blankenstein	17.60	1:32:51	5:16	81	29:07	107	29:07	168.97	16:00:51	5:41	115	5:22:29	146	5:22:29