



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Die Pleißbezwinger

Number: 155

Course: 168.97 km
Hörschel-Blankenstein

Category:
Männerstaffel

Total time: 17:02:17

Speed: 9.86 km/h

Running performance: 6:03 min/km

Rank in course: 201 (of 225)

Best time in course: 10:38:22

Rank in category: 143(of 147)

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:18:51	5:14	90	26:54	127	26:54	15.02	1:18:51	5:14	90	26:54	127	26:54
Kleiner Inselsber	18.94	2:05:20	6:37	137	49:08	199	49:08	33.96	3:24:11	6:00	135	1:14:30	192	1:14:30
Neue Ausspanne	13.90	1:39:31	7:09	142	52:17	214	52:17	47.86	5:03:42	6:20	143	2:06:47	212	2:06:47
Grenzadler	13.68	1:31:43	6:42	136	38:40	202	38:40	61.54	6:35:25	6:25	142	2:45:27	211	2:45:27
Allzunah	19.96	1:58:50	5:57	133	44:49	189	46:23	81.50	8:34:15	6:18	144	3:26:07	211	3:26:07
Masserberg	17.89	1:45:44	5:54	102	39:53	136	42:47	99.39	10:19:59	6:14	143	4:03:59	210	4:03:59
Neuhaus	19.86	2:06:58	6:23	132	51:10	200	56:36	119.25	12:26:57	6:15	144	4:47:44	211	4:47:44
Schildwiese	13.54	1:22:08	6:03	119	40:30	174	40:30	132.79	13:49:05	6:14	144	5:20:58	211	5:20:58
Grumbach	18.58	1:32:54	5:00	58	27:40	78	27:40	151.37	15:21:59	6:05	143	5:48:24	203	5:48:24
Blankenstein	17.60	1:40:18	5:41	111	36:34	159	36:34	168.97	17:02:17	6:03	143	6:23:55	201	6:23:55