



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

M&H Rennsteigteam

Total time: 16:02:13

Number: 196

Speed: 10.48 km/h

Running performance: 5:41 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 148 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 116(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:19:25	5:17	94	27:28	134	27:28	15.02	1:19:25	5:17	94	27:28	134	27:28
Kleiner Inselsber	18.94	1:46:59	5:38	82	30:47	112	30:47	33.96	3:06:24	5:29	83	56:43	116	56:43
Neue Ausspanne	13.90	1:21:23	5:51	107	34:09	141	34:09	47.86	4:27:47	5:35	98	1:30:52	131	1:30:52
Grenzadler	13.68	1:21:48	5:58	107	28:45	148	28:45	61.54	5:49:35	5:40	105	1:59:37	134	1:59:37
Allzunah	19.96	1:56:39	5:50	125	42:38	176	44:12	81.50	7:46:14	5:43	124	2:38:06	158	2:38:06
Masserberg	17.89	1:43:46	5:48	96	37:55	126	40:49	99.39	9:30:00	5:44	114	3:14:00	143	3:14:00
Neuhaus	19.86	1:52:09	5:38	90	36:21	130	41:47	119.25	11:22:09	5:43	111	3:42:56	145	3:42:56
Schildwiese	13.54	1:12:04	5:19	75	30:26	98	30:26	132.79	12:34:13	5:40	104	4:06:06	130	4:06:06
Grumbach	18.58	1:48:47	5:51	123	43:33	177	43:33	151.37	14:23:00	5:42	110	4:49:25	142	4:49:25
Blankenstein	17.60	1:39:13	5:38	106	35:29	152	35:29	168.97	16:02:13	5:41	116	5:23:51	148	5:23:51