



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

Creuzburger Laufbuben

Total time: 16:51:07

Number: 151

Speed: 9.97 km/h

Running performance: 5:59 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 195 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 140(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:30:10	6:00	138	38:13	199	38:13	15.02	1:30:10	6:00	138	38:13	199	38:13
Kleiner Inselsber	18.94	1:50:21	5:49	100	34:09	136	34:09	33.96	3:20:31	5:54	130	1:10:50	182	1:10:50
Neue Ausspanne	13.90	1:32:29	6:39	136	45:15	201	45:15	47.86	4:53:00	6:07	138	1:56:05	196	1:56:05
Grenzdler	13.68	1:46:13	7:45	146	53:10	223	53:10	61.54	6:39:13	6:29	144	2:49:15	214	2:49:15
Allzunah	19.96	1:54:42	5:44	123	40:41	172	42:15	81.50	8:33:55	6:18	143	3:25:47	210	3:25:47
Masserberg	17.89	1:46:03	5:55	106	40:12	141	43:06	99.39	10:19:58	6:14	142	4:03:58	209	4:03:58
Neuhaus	19.86	1:53:30	5:42	97	37:42	139	43:08	119.25	12:13:28	6:09	142	4:34:15	205	4:34:15
Schildwiese	13.54	1:23:01	6:07	121	41:23	180	41:23	132.79	13:36:29	6:08	142	5:08:22	203	5:08:22
Grumbach	18.58	1:33:29	5:01	62	28:15	83	28:15	151.37	15:09:58	6:00	141	5:36:23	196	5:36:23
Blankenstein	17.60	1:41:09	5:44	118	37:25	167	37:25	168.97	16:51:07	5:59	140	6:12:45	195	6:12:45