



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Wasserturmexpress reloaded

Total time: 15:13:41

Number: 224

Speed: 11.03 km/h

Running performance: 5:25 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 90 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 74(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	fehlt!	-	-	-	-	-	15.02	-	-	-	-	-	-
Kleiner Inselsber	18.94	fehlt!	-	-	-	-	-	33.96	-	-	-	-	-	-
Neue Ausspanne	13.90	4:04:00	17:33	146	3:16:46	222	3:16:46	47.86	4:04:00	5:05	40	1:07:05	51	1:07:05
Grenzadler	13.68	1:16:46	5:36	85	23:43	106	23:43	61.54	5:20:46	5:12	45	1:30:48	58	1:30:48
Allzunah	19.96	1:44:30	5:14	90	30:29	119	32:03	81.50	7:05:16	5:13	52	1:57:08	67	1:57:08
Masserberg	17.89	1:54:44	6:24	131	48:53	181	51:47	99.39	9:00:00	5:25	73	2:44:00	90	2:44:00
Neuhaus	19.86	1:57:38	5:55	113	41:50	162	47:16	119.25	10:57:38	5:30	87	3:18:25	106	3:18:25
Schildwiese	13.54	58:46	4:20	19	17:08	20	17:08	132.79	11:56:24	5:23	67	3:28:17	82	3:28:17
Grumbach	18.58	2:00:36	6:29	142	55:22	216	55:22	151.37	13:57:00	5:31	94	4:23:25	114	4:23:25
Blankenstein	17.60	1:16:41	4:21	20	12:57	24	12:57	168.97	15:13:41	5:24	74	4:35:19	90	4:35:19