



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

Trefffurter Amozonen

Total time: 17:06:06

Number: 1

Speed: 9.82 km/h

Running performance: 6:04 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 206 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 8(of 12)

Frauenstaffel

Best time in the category: 12:46:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:35:19	6:20	9	30:40	213	43:22	15.02	1:35:19	6:20	9	30:40	222	43:22
Kleiner Inselsber	18.94	2:11:54	6:57	10	44:33	210	55:42	33.96	3:47:13	6:41	10	1:05:30	222	1:37:32
Neue Ausspanne	13.90	1:42:47	7:23	12	43:56	217	55:33	47.86	5:30:00	6:53	11	1:49:23	225	2:33:05
Grenzadler	13.68	1:17:35	5:40	5	16:01	114	24:32	61.54	6:47:35	6:37	11	2:01:01	225	2:57:37
Allzunah	19.96	1:55:39	5:47	7	27:54	173	43:12	81.50	8:43:14	6:25	11	2:28:55	223	3:35:06
Masserberg	17.89	1:44:46	5:51	4	22:05	130	41:49	99.39	10:28:00	6:19	8	2:51:00	225	4:12:00
Neuhaus	19.86	1:41:04	5:05	4	6:56	63	30:42	119.25	12:09:04	6:06	7	2:57:56	225	4:29:51
Schildwiese	13.54	1:44:06	7:41	12	46:01	224	1:02:28	132.79	13:53:10	6:16	8	3:43:57	225	5:25:03
Grumbach	18.58	1:37:50	5:15	4	17:14	113	32:36	151.37	15:31:00	6:09	7	4:00:20	225	5:57:25
Blankenstein	17.60	1:35:06	5:24	6	19:40	120	31:22	168.97	17:06:06	6:04	8	4:20:00	206	6:27:44