



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

PDV Power Runners

Total time: 16:49:38

Number: 193

Speed: 9.98 km/h

Running performance: 5:59 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 193 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 138(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:29:25	5:57	134	37:28	193	37:28	15.02	1:29:25	5:57	134	37:28	193	37:28
Kleiner Inselsber	18.94	2:07:14	6:43	139	51:02	203	51:02	33.96	3:36:39	6:22	142	1:26:58	207	1:26:58
Neue Ausspanne	13.90	1:16:19	5:29	87	29:05	103	29:05	47.86	4:52:58	6:07	137	1:56:03	195	1:56:03
Grenzadler	13.68	1:25:35	6:15	120	32:32	174	32:32	61.54	6:18:33	6:09	139	2:28:35	201	2:28:35
Allzunah	19.96	2:00:23	6:01	135	46:22	194	47:56	81.50	8:18:56	6:07	139	3:10:48	200	3:10:48
Masserberg	17.89	2:00:28	6:44	137	54:37	200	57:31	99.39	10:19:24	6:13	141	4:03:24	208	4:03:24
Neuhaus	19.86	1:44:25	5:15	67	28:37	94	34:03	119.25	12:03:49	6:04	139	4:24:36	200	4:24:36
Schildwiese	13.54	1:20:43	5:57	114	39:05	163	39:05	132.79	13:24:32	6:03	138	4:56:25	197	4:56:25
Grumbach	18.58	1:37:52	5:16	87	32:38	115	32:38	151.37	15:02:24	5:57	137	5:28:49	191	5:28:49
Blankenstein	17.60	1:47:14	6:05	130	43:30	188	43:30	168.97	16:49:38	5:58	138	6:11:16	193	6:11:16