



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Rennsteiglaufverein Mix

Number: 527

Course: 168.97 km
Hörschel-Blankenstein

Category:
Mixstaffel

Total time: 17:38:43

Speed: 9.52 km/h

Running performance: 6:16 min/km

Rank in course: 217 (of 225)

Best time in course: 10:38:22

Rank in category: 62(of 66)

Best time in the category: 11:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:34:35	6:17	62	33:22	211	42:38	15.02	1:34:35	6:17	62	33:22	222	42:38
Kleiner Inselsber	18.94	2:19:53	7:23	62	56:16	217	1:03:41	33.96	3:54:28	6:54	62	1:27:29	222	1:44:47
Neue Ausspanne	13.90	1:38:09	7:03	61	33:09	212	50:55	47.86	5:32:37	6:56	66	2:00:21	225	2:35:42
Grenzadler	13.68	1:16:49	5:36	18	13:43	107	23:46	61.54	6:49:26	6:39	62	2:07:09	225	2:59:28
Allzunah	19.96	1:59:05	5:57	50	46:38	190	46:38	81.50	8:48:31	6:29	62	2:50:27	223	3:40:23
Masserberg	17.89	1:49:29	6:07	35	46:32	160	46:32	99.39	10:38:00	6:25	62	3:21:00	225	4:22:00
Neuhaus	19.86	1:54:48	5:46	39	44:26	148	44:26	119.25	12:32:48	6:18	63	4:04:33	225	4:53:35
Schildwiese	13.54	1:22:34	6:05	48	21:14	178	40:56	132.79	13:55:22	6:17	62	4:25:41	225	5:27:15
Grumbach	18.58	1:42:38	5:31	37	32:56	152	37:24	151.37	15:38:00	6:11	61	4:58:37	224	6:04:25
Blankenstein	17.60	2:00:43	6:51	61	47:14	214	56:59	168.97	17:38:43	6:15	62	5:43:47	217	7:00:21