



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

ThüringenForst

Total time: 16:18:27

Number: 253

Speed: 10.30 km/h

Running performance: 5:47 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 164 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 125(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:39:38	6:38	144	47:41	216	47:41	15.02	1:39:38	6:38	144	47:41	216	47:41
Kleiner Inselsber	18.94	2:24:54	7:39	145	1:08:42	220	1:08:42	33.96	4:04:32	7:12	145	1:54:51	219	1:54:51
Neue Ausspanne	13.90	1:14:55	5:23	77	27:41	92	27:41	47.86	5:19:27	6:40	146	2:22:32	217	2:22:32
Grenzadler	13.68	1:15:29	5:31	77	22:26	94	22:26	61.54	6:34:56	6:25	141	2:44:58	210	2:44:58
Allzunah	19.96	1:36:25	4:49	53	22:24	67	23:58	81.50	8:11:21	6:01	137	3:03:13	193	3:03:13
Masserberg	17.89	1:41:39	5:40	84	35:48	110	38:42	99.39	9:53:00	5:57	136	3:37:00	184	3:37:00
Neuhaus	19.86	1:52:27	5:39	92	36:39	133	42:05	119.25	11:45:27	5:54	130	4:06:14	177	4:06:14
Schildwiese	13.54	1:08:09	5:01	52	26:31	66	26:31	132.79	12:53:36	5:49	123	4:25:29	167	4:25:29
Grumbach	18.58	1:44:24	5:37	115	39:10	161	39:10	151.37	14:38:00	5:48	123	5:04:25	165	5:04:25
Blankenstein	17.60	1:40:27	5:42	112	36:43	160	36:43	168.97	16:18:27	5:47	125	5:40:05	164	5:40:05