



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

Road Runners Altenburg

Total time: 17:30:10

Number: 520

Speed: 9.60 km/h

Running performance: 6:13 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 215 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 61(of 66)

Mixstaffel

Best time in the category: 11:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:34:13	6:16	61	33:00	210	42:16	15.02	1:34:13	6:16	61	33:00	222	42:16
Kleiner Inselsber	18.94	1:47:10	5:39	26	23:33	113	30:58	33.96	3:21:23	5:55	49	54:24	222	1:11:42
Neue Ausspanne	13.90	1:23:30	6:00	35	18:30	162	36:16	47.86	4:44:53	5:57	46	1:12:37	225	1:47:58
Grenzadler	13.68	1:24:25	6:10	42	21:19	169	31:22	61.54	6:09:18	6:00	46	1:27:01	225	2:19:20
Allzunah	19.96	1:53:41	5:41	42	41:14	163	41:14	81.50	8:02:59	5:55	45	2:04:55	223	2:54:51
Masserberg	17.89	2:15:01	7:32	61	1:12:04	218	1:12:04	99.39	10:18:00	6:13	61	3:01:00	225	4:02:00
Neuhaus	19.86	2:09:58	6:32	62	59:36	208	59:36	119.25	12:27:58	6:16	61	3:59:43	225	4:48:45
Schildwiese	13.54	1:35:50	7:04	64	34:30	218	54:12	132.79	14:03:48	6:21	63	4:34:07	225	5:35:41
Grumbach	18.58	1:39:12	5:20	27	29:30	125	33:58	151.37	15:43:00	6:13	63	5:03:37	225	6:09:25
Blankenstein	17.60	1:47:10	6:05	48	33:41	187	43:26	168.97	17:30:10	6:12	61	5:35:14	215	6:51:48