



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

De Rosenthaler

Total time: 16:21:18

Number: 576

Speed: 10.27 km/h

Running performance: 5:49 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 166 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 126(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:23:57	5:35	118	32:00	170	32:00	15.02	1:23:57	5:35	118	32:00	170	32:00
Kleiner Inselsber	18.94	2:05:15	6:36	136	49:03	198	49:03	33.96	3:29:12	6:09	141	1:19:31	202	1:19:31
Neue Ausspanne	13.90	1:12:31	5:13	66	25:17	78	25:17	47.86	4:41:43	5:53	131	1:44:48	181	1:44:48
Grenzadler	13.68	1:14:12	5:25	74	21:09	90	21:09	61.54	5:55:55	5:47	122	2:05:57	158	2:05:57
Allzunah	19.96	1:35:56	4:48	50	21:55	62	23:29	81.50	7:31:51	5:32	99	2:23:43	122	2:23:43
Masserberg	17.89	2:08:09	7:09	142	1:02:18	211	1:05:12	99.39	9:40:00	5:50	130	3:24:00	170	3:24:00
Neuhaus	19.86	1:56:49	5:52	109	41:01	158	46:27	119.25	11:36:49	5:50	125	3:57:36	167	3:57:36
Schildwiese	13.54	1:30:50	6:42	139	49:12	210	49:12	132.79	13:07:39	5:55	131	4:39:32	181	4:39:32
Grumbach	18.58	1:35:21	5:07	70	30:07	95	30:07	151.37	14:43:00	5:50	126	5:09:25	170	5:09:25
Blankenstein	17.60	1:38:18	5:35	99	34:34	142	34:34	168.97	16:21:18	5:48	126	5:42:56	166	5:42:56