



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Laufteam One Hirschvogel 2

Total time: 16:02:19

Number: 148

Speed: 10.47 km/h

Running performance: 5:42 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 149 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 117(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:29:43	5:58	136	37:46	195	37:46	15.02	1:29:43	5:58	136	37:46	195	37:46
Kleiner Inselsber	18.94	1:40:41	5:18	48	24:29	67	24:29	33.96	3:10:24	5:36	101	1:00:43	139	1:00:43
Neue Ausspanne	13.90	1:15:17	5:24	81	28:03	96	28:03	47.86	4:25:41	5:33	86	1:28:46	116	1:28:46
Grenzadler	13.68	1:26:05	6:17	123	33:02	178	33:02	61.54	5:51:46	5:42	116	2:01:48	146	2:01:48
Allzunah	19.96	1:54:13	5:43	121	40:12	169	41:46	81.50	7:45:59	5:43	123	2:37:51	156	2:37:51
Masserberg	17.89	1:59:01	6:39	136	53:10	195	56:04	99.39	9:45:00	5:53	132	3:29:00	176	3:29:00
Neuhaus	19.86	1:59:10	6:00	119	43:22	171	48:48	119.25	11:44:10	5:54	129	4:04:57	175	4:04:57
Schildwiese	13.54	1:14:51	5:31	91	33:13	119	33:13	132.79	12:59:01	5:51	128	4:30:54	174	4:30:54
Grumbach	18.58	1:46:59	5:45	120	41:45	171	41:45	151.37	14:46:00	5:51	129	5:12:25	175	5:12:25
Blankenstein	17.60	1:16:19	4:20	19	12:35	23	12:35	168.97	16:02:19	5:41	117	5:23:57	149	5:23:57