



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Die Gusseisernen

Number: 187

Course: 168.97 km
Hörschel-Blankenstein

Category:
Männerstaffel

Total time: 16:25:29

Speed: 10.23 km/h

Running performance: 5:50 min/km

Rank in course: 173 (of 225)

Best time in course: 10:38:22

Rank in category: 129(of 147)

Best time in the category: 10:38:22

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Hohe Sonne	15.02	1:24:31	5:37	120	32:34	172	32:34	15.02	1:24:31	5:37	120	32:34	172	32:34	
Kleiner Inselsber	18.94	1:57:41	6:12	127	41:29	180	41:29	33.96	3:22:12	5:57	133	1:12:31	189	1:12:31	
Neue Ausspanne	13.90	1:23:33	6:00	120	36:19	163	36:19	47.86	4:45:45	5:58	134	1:48:50	186	1:48:50	
Grenzadler	13.68	1:29:02	6:30	132	35:59	192	35:59	61.54	6:14:47	6:05	138	2:24:49	195	2:24:49	
Allzunah	19.96	2:07:33	6:23	143	53:32	209	55:06	81.50	8:22:20	6:09	140	3:14:12	203	3:14:12	
Masserberg	17.89	1:29:29	5:00	37	23:38	49	26:32	99.39	9:51:49	5:57	135	3:35:49	179	3:35:49	
Neuhaus	19.86	1:59:08	5:59	118	43:20	170	48:46	119.25	11:50:57	5:57	133	4:11:44	184	4:11:44	
Schildwiese	13.54	1:13:32	5:25	83	31:54	109	31:54	132.79	13:04:29	5:54	130	4:36:22	177	4:36:22	
Grumbach	18.58	1:40:31	5:24	97	35:17	133	35:17	151.37	14:45:00	5:50	127	5:11:25	173	5:11:25	
Blankenstein	17.60	1:40:29	5:42	113	36:45	161	36:45	168.97	16:25:29	5:49	129	5:47:07	173	5:47:07	