



21. Rennsteig-Staffellauf
Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Stiftung Wadentest

Number: 190

Course: 168.97 km
Hörschel-Blankenstein

Category:
Männerstaffel

Total time: 16:41:38

Speed: 10.06 km/h
Running performance: 5:56 min/km

Rank in course: 183 (of 225)

Best time in course: 10:38:22

Rank in category: 134(of 147)

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:20:18	5:20	100	28:21	140	28:21	15.02	1:20:18	5:20	100	28:21	140	28:21
Kleiner Inselsber	18.94	1:53:02	5:58	115	36:50	160	36:50	33.96	3:13:20	5:41	117	1:03:39	157	1:03:39
Neue Ausspanne	13.90	1:26:40	6:14	128	39:26	182	39:26	47.86	4:40:00	5:51	128	1:43:05	178	1:43:05
Grenzadler	13.68	1:05:55	4:49	32	12:52	36	12:52	61.54	5:45:55	5:37	91	1:55:57	118	1:55:57
Allzunah	19.96	1:48:15	5:25	103	34:14	144	35:48	81.50	7:34:10	5:34	102	2:26:02	128	2:26:02
Masserberg	17.89	1:55:50	6:28	133	49:59	188	52:53	99.39	9:30:00	5:44	114	3:14:00	143	3:14:00
Neuhaus	19.86	2:10:57	6:35	137	55:09	209	1:00:35	119.25	11:40:57	5:52	126	4:01:44	169	4:01:44
Schildwiese	13.54	1:16:07	5:37	98	34:29	129	34:29	132.79	12:57:04	5:51	127	4:28:57	172	4:28:57
Grumbach	18.58	2:02:56	6:36	143	57:42	218	57:42	151.37	15:00:00	5:56	135	5:26:25	189	5:26:25
Blankenstein	17.60	1:41:38	5:46	119	37:54	169	37:54	168.97	16:41:38	5:55	134	6:03:16	183	6:03:16