



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

Lauffreude Gotha

Total time: 16:26:44

Number: 131

Speed: 10.22 km/h

Running performance: 5:50 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 175 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 131(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:25:31	5:41	126	33:34	179	33:34	15.02	1:25:31	5:41	126	33:34	179	33:34
Kleiner Inselsber	18.94	1:42:58	5:26	56	26:46	79	26:46	33.96	3:08:29	5:33	93	58:48	127	58:48
Neue Ausspanne	13.90	1:04:15	4:37	28	17:01	30	17:01	47.86	4:12:44	5:16	57	1:15:49	71	1:15:49
Grenzdler	13.68	1:34:10	6:53	139	41:07	209	41:07	61.54	5:46:54	5:38	94	1:56:56	121	1:56:56
Allzunah	19.96	1:57:46	5:54	128	43:45	181	45:19	81.50	7:44:40	5:42	120	2:36:32	153	2:36:32
Masserberg	17.89	1:43:20	5:46	93	37:29	123	40:23	99.39	9:28:00	5:42	112	3:12:00	140	3:12:00
Neuhaus	19.86	1:50:23	5:33	85	34:35	123	40:01	119.25	11:18:23	5:41	107	3:39:10	136	3:39:10
Schildwiese	13.54	1:31:35	6:45	141	49:57	212	49:57	132.79	12:49:58	5:47	121	4:21:51	161	4:21:51
Grumbach	18.58	1:59:02	6:24	139	53:48	212	53:48	151.37	14:49:00	5:52	131	5:15:25	179	5:15:25
Blankenstein	17.60	1:37:44	5:33	96	34:00	136	34:00	168.97	16:26:44	5:50	131	5:48:22	175	5:48:22