



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Rapunzel-Racer

Total time: 17:01:43

Number: 189

Speed: 9.87 km/h

Running performance: 6:03 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 200 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 142(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:12:47	4:50	43	20:50	62	20:50	15.02	1:12:47	4:50	43	20:50	62	20:50
Kleiner Inselsber	18.94	1:55:24	6:05	121	39:12	169	39:12	33.96	3:08:11	5:32	91	58:30	125	58:30
Neue Ausspanne	13.90	1:23:12	5:59	117	35:58	158	35:58	47.86	4:31:23	5:40	111	1:34:28	147	1:34:28
Grenzdler	13.68	1:37:50	7:09	141	44:47	216	44:47	61.54	6:09:13	5:59	136	2:19:15	186	2:19:15
Allzunah	19.96	1:48:22	5:25	105	34:21	146	35:55	81.50	7:57:35	5:51	134	2:49:27	179	2:49:27
Masserberg	17.89	1:39:25	5:33	74	33:34	97	36:28	99.39	9:37:00	5:48	127	3:21:00	165	3:21:00
Neuhaus	19.86	2:04:38	6:16	129	48:50	194	54:16	119.25	11:41:38	5:53	127	4:02:25	171	4:02:25
Schildwiese	13.54	1:30:24	6:40	138	48:46	208	48:46	132.79	13:12:02	5:57	132	4:43:55	184	4:43:55
Grumbach	18.58	1:59:58	6:27	141	54:44	215	54:44	151.37	15:12:00	6:01	142	5:38:25	199	5:38:25
Blankenstein	17.60	1:49:43	6:14	135	45:59	195	45:59	168.97	17:01:43	6:02	142	6:23:21	200	6:23:21