



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Schwabenpfeil

Total time: 16:42:11

Number: 172

Speed: 10.06 km/h

Running performance: 5:56 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 185 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 135(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:15:16	5:00	68	23:19	93	23:19	15.02	1:15:16	5:00	68	23:19	93	23:19
Kleiner Inselsber	18.94	1:48:56	5:45	95	32:44	129	32:44	33.96	3:04:12	5:25	73	54:31	101	54:31
Neue Ausspanne	13.90	1:07:13	4:50	38	19:59	43	19:59	47.86	4:11:25	5:15	54	1:14:30	68	1:14:30
Grenzadler	13.68	1:29:48	6:33	133	36:45	194	36:45	61.54	5:41:13	5:32	87	1:51:15	109	1:51:15
Allzunah	19.96	1:40:52	5:03	70	26:51	90	28:25	81.50	7:22:05	5:25	77	2:13:57	96	2:13:57
Masserberg	17.89	2:11:55	7:22	145	1:06:04	217	1:08:58	99.39	9:34:00	5:46	122	3:18:00	159	3:18:00
Neuhaus	19.86	1:54:00	5:44	100	38:12	142	43:38	119.25	11:28:00	5:46	118	3:48:47	157	3:48:47
Schildwiese	13.54	1:20:11	5:55	110	38:33	158	38:33	132.79	12:48:11	5:47	119	4:20:04	159	4:20:04
Grumbach	18.58	1:53:49	6:07	135	48:35	198	48:35	151.37	14:42:00	5:49	124	5:08:25	167	5:08:25
Blankenstein	17.60	2:00:11	6:49	141	56:27	211	56:27	168.97	16:42:11	5:55	135	6:03:49	185	6:03:49