



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Bosch Eisenach

Total time: 15:48:45

Number: 230

Speed: 10.62 km/h

Running performance: 5:37 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 130 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 105(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:13:13	4:52	45	21:16	65	21:16	15.02	1:13:13	4:52	45	21:16	66	21:16
Kleiner Inselsber	18.94	1:53:28	5:59	116	37:16	161	37:16	33.96	3:06:41	5:29	84	57:00	117	57:00
Neue Ausspanne	13.90	1:15:00	5:23	78	27:46	93	27:46	47.86	4:21:41	5:28	76	1:24:46	100	1:24:46
Grenzdler	13.68	1:17:12	5:38	86	24:09	110	24:09	61.54	5:38:53	5:30	79	1:48:55	100	1:48:55
Allzunah	19.96	1:45:15	5:16	91	31:14	124	32:48	81.50	7:24:08	5:26	81	2:16:00	101	2:16:00
Masserberg	17.89	1:51:52	6:15	124	46:01	172	48:55	99.39	9:16:00	5:35	100	3:00:00	120	3:00:00
Neuhaus	19.86	2:34:46	7:47	146	1:18:58	223	1:24:24	119.25	11:50:46	5:57	132	4:11:33	183	4:11:33
Schildwiese	13.54	1:12:19	5:20	79	30:41	102	30:41	132.79	13:03:05	5:53	129	4:34:58	175	4:34:58
Grumbach	18.58	1:22:55	4:27	20	17:41	29	17:41	151.37	14:26:00	5:43	116	4:52:25	150	4:52:25
Blankenstein	17.60	1:22:45	4:42	47	19:01	60	19:01	168.97	15:48:45	5:36	105	5:10:23	130	5:10:23