



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Werräläufer

Total time: 13:14:42

Number: 123

Speed: 12.68 km/h

Running performance: 4:42 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 22 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 18(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:12:30	4:49	40	20:33	58	20:33	15.02	1:12:30	4:49	40	20:33	58	20:33
Kleiner Inselsber	18.94	1:39:50	5:16	45	23:38	63	23:38	33.96	2:52:20	5:04	36	42:39	50	42:39
Neue Ausspanne	13.90	54:44	3:56	6	7:30	6	7:30	47.86	3:47:04	4:44	17	50:09	21	50:09
Grenzdler	13.68	1:04:34	4:43	27	11:31	29	11:31	61.54	4:51:38	4:44	18	1:01:40	22	1:01:40
Allzunah	19.96	1:25:51	4:18	17	11:50	21	13:24	81.50	6:17:29	4:37	16	1:09:21	19	1:09:21
Masserberg	17.89	1:15:31	4:13	10	9:40	14	12:34	99.39	7:33:00	4:33	13	1:17:00	14	1:17:00
Neuhaus	19.86	1:37:56	4:55	33	22:08	48	27:34	119.25	9:10:56	4:37	14	1:31:43	15	1:31:43
Schildwiese	13.54	58:00	4:17	16	16:22	16	16:22	132.79	10:08:56	4:35	14	1:40:49	15	1:40:49
Grumbach	18.58	1:27:04	4:41	37	21:50	52	21:50	151.37	11:36:00	4:35	14	2:02:25	16	2:02:25
Blankenstein	17.60	1:38:42	5:36	102	34:58	146	34:58	168.97	13:14:42	4:42	18	2:36:20	22	2:36:20