



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

mein Lieblingsteam

Number: 549

Course: 168.97 km
Hörschel-Blankenstein

Category:
Mixstaffel

Total time: 13:56:43

Speed: 12.05 km/h

Running performance: 4:57 min/km

Rank in course: 34 (of 225)

Best time in course: 10:38:22

Rank in category: 5(of 66)

Best time in the category: 11:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:07:22	4:29	5	6:09	29	15:25	15.02	1:07:22	4:29	5	6:09	222	15:25
Kleiner Inselsber	18.94	1:32:29	4:52	6	8:52	22	16:17	33.96	2:39:51	4:42	6	12:52	222	30:10
Neue Ausspanne	13.90	1:10:44	5:05	8	5:44	65	23:30	47.86	3:50:35	4:49	3	18:19	225	53:40
Grenzadler	13.68	1:19:15	5:47	26	16:09	131	26:12	61.54	5:09:50	5:02	4	27:33	225	1:19:52
Allzunah	19.96	1:42:09	5:07	22	29:42	102	29:42	81.50	6:51:59	5:03	7	53:55	223	1:43:51
Masserberg	17.89	1:33:01	5:11	12	30:04	62	30:04	99.39	8:25:00	5:04	10	1:08:00	133	2:09:00
Neuhaus	19.86	1:30:58	4:34	6	20:36	22	20:36	119.25	9:55:58	4:59	6	1:27:43	225	2:16:45
Schildwiese	13.54	1:14:29	5:30	19	13:09	116	32:51	132.79	11:10:27	5:02	7	1:40:46	225	2:42:20
Grumbach	18.58	1:24:33	4:33	11	14:51	37	19:19	151.37	12:35:00	4:59	7	1:55:37	38	3:01:25
Blankenstein	17.60	1:21:43	4:38	8	8:14	51	17:59	168.97	13:56:43	4:57	5	2:01:47	34	3:18:21