



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

LTV Erfurt Montagsgruppe

Number: 13

Course: 168.97 km
Hörschel-Blankenstein

Category:
Frauenstaffel

Total time: 14:02:51

Speed: 11.96 km/h
Running performance: 4:59 min/km

Rank in course: 40 (of 225)

Best time in course: 10:38:22

Rank in category: 3(of 12)

Best time in the category: 12:46:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:12:05	4:47	2	7:26	55	20:08	15.02	1:12:05	4:47	2	7:26	222	20:08
Kleiner Inselsber	18.94	1:38:32	5:12	3	11:11	54	22:20	33.96	2:50:37	5:01	3	8:54	222	40:56
Neue Ausspanne	13.90	1:10:15	5:03	4	11:24	62	23:01	47.86	4:00:52	5:01	3	20:15	225	1:03:57
Grenzadler	13.68	1:11:12	5:12	4	9:38	65	18:09	61.54	5:12:04	5:04	3	25:30	225	1:22:06
Allzunah	19.96	1:37:30	4:53	3	9:45	75	25:03	81.50	6:49:34	5:01	3	35:15	223	1:41:26
Masserberg	17.89	1:33:26	5:13	2	10:45	64	30:29	99.39	8:23:00	5:03	3	46:00	42	2:07:00
Neuhaus	19.86	1:49:14	5:30	5	15:06	114	38:52	119.25	10:12:14	5:08	3	1:01:06	225	2:33:01
Schildwiese	13.54	1:05:58	4:52	3	7:53	47	24:20	132.79	11:18:12	5:06	3	1:08:59	225	2:50:05
Grumbach	18.58	1:25:45	4:36	3	5:09	41	20:31	151.37	12:43:57	5:02	3	1:13:17	225	3:10:22
Blankenstein	17.60	1:18:54	4:28	2	3:28	32	15:10	168.97	14:02:51	4:59	3	1:16:45	40	3:24:29