



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

SWEety

Total time: 13:15:37

Number: 225

Speed: 12.67 km/h

Running performance: 4:43 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 23 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 19(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Hohe Sonne	15.02	1:20:09	5:20	98	28:12	138	28:12	15.02	1:20:09	5:20	98	28:12	138	28:12	
Kleiner Inselsber	18.94	1:36:54	5:06	31	20:42	44	20:42	33.96	2:57:03	5:12	47	47:22	64	47:22	
Neue Ausspanne	13.90	1:08:06	4:53	40	20:52	46	20:52	47.86	4:05:09	5:07	45	1:08:14	56	1:08:14	
Grenzadler	13.68	1:02:44	4:35	19	9:41	20	9:41	61.54	5:07:53	5:00	27	1:17:55	31	1:17:55	
Allzunah	19.96	1:20:28	4:01	8	6:27	11	8:01	81.50	6:28:21	4:45	20	1:20:13	24	1:20:13	
Masserberg	17.89	1:15:39	4:13	11	9:48	15	12:42	99.39	7:44:00	4:40	18	1:28:00	20	1:28:00	
Neuhaus	19.86	1:35:20	4:48	25	19:32	35	24:58	119.25	9:19:20	4:41	18	1:40:07	20	1:40:07	
Schildwiese	13.54	1:02:59	4:39	30	21:21	34	21:21	132.79	10:22:19	4:41	19	1:54:12	22	1:54:12	
Grumbach	18.58	1:30:41	4:52	49	25:27	67	25:27	151.37	11:53:00	4:42	19	2:19:25	23	2:19:25	
Blankenstein	17.60	1:22:37	4:41	46	18:53	59	18:53	168.97	13:15:37	4:42	19	2:37:15	23	2:37:15	