



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

SWV Goldlauter-Heidersbach

Number: 163

Course: 168.97 km

Hörschel-Blankenstein

Category:

Männerstaffel

Total time: 13:23:43

Speed: 12.61 km/h

Running performance: 4:46 min/km

Rank in course: 24 (of 225)

Best time in course: 10:38:22

Rank in category: 20(of 147)

Best time in the category: 10:38:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:15:27	5:01	69	23:30	94	23:30	15.02	1:15:27	5:01	69	23:30	94	23:30
Kleiner Inselsber	18.94	1:39:37	5:15	43	23:25	61	23:25	33.96	2:55:04	5:09	42	45:23	57	45:23
Neue Ausspanne	13.90	58:57	4:14	10	11:43	11	11:43	47.86	3:54:01	4:53	23	57:06	29	57:06
Grenzadler	13.68	1:09:10	5:03	44	16:07	51	16:07	61.54	5:03:11	4:55	25	1:13:13	29	1:13:13
Allzunah	19.96	1:30:26	4:31	31	16:25	38	17:59	81.50	6:33:37	4:49	23	1:25:29	27	1:25:29
Masserberg	17.89	1:19:23	4:26	17	13:32	22	16:26	99.39	7:53:00	4:45	21	1:37:00	24	1:37:00
Neuhaus	19.86	1:35:27	4:48	26	19:39	36	25:05	119.25	9:28:27	4:46	20	1:49:14	25	1:49:14
Schildwiese	13.54	1:02:57	4:38	29	21:19	32	21:19	132.79	10:31:24	4:45	20	2:03:17	24	2:03:17
Grumbach	18.58	1:28:34	4:46	41	23:20	57	23:20	151.37	11:59:58	4:45	20	2:26:23	24	2:26:23
Blankenstein	17.60	1:23:45	4:45	49	20:01	64	20:01	168.97	13:23:43	4:45	20	2:45:21	24	2:45:21