



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Impuls Power Mix

Number: 525

Course: 168.97 km
Hörschel-Blankenstein

Category:
Mixstaffel

Total time: 14:26:41

Speed: 11.63 km/h

Running performance: 5:08 min/km

Rank in course: 54 (of 225)

Best time in course: 10:38:22

Rank in category: 9(of 66)

Best time in the category: 11:54:56

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:10:14	4:40	12	9:01	43	18:17	15.02	1:10:14	4:40	12	9:01	222	18:17
Kleiner Inselsber	18.94	1:27:31	4:37	4	3:54	14	11:19	33.96	2:37:45	4:38	5	10:46	222	28:04
Neue Ausspanne	13.90	1:18:08	5:37	16	13:08	116	30:54	47.86	3:55:53	4:55	6	23:37	225	58:58
Grenzadler	13.68	1:23:50	6:07	39	20:44	163	30:47	61.54	5:19:43	5:11	10	37:26	225	1:29:45
Allzunah	19.96	1:22:42	4:08	4	10:15	15	10:15	81.50	6:42:25	4:56	4	44:21	223	1:34:17
Masserberg	17.89	1:12:35	4:03	4	9:38	9	9:38	99.39	7:55:00	4:46	4	38:00	225	1:39:00
Neuhaus	19.86	2:13:04	6:42	63	1:02:42	212	1:02:42	119.25	10:08:04	5:05	10	1:39:49	225	2:28:51
Schildwiese	13.54	1:18:14	5:46	30	16:54	144	36:36	132.79	11:26:18	5:10	9	1:56:37	225	2:58:11
Grumbach	18.58	1:40:38	5:24	32	30:56	134	35:24	151.37	13:06:56	5:11	9	2:27:33	225	3:33:21
Blankenstein	17.60	1:19:45	4:31	5	6:16	41	16:01	168.97	14:26:41	5:07	9	2:31:45	54	3:48:19