



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Sonntagsläufer Tambach-Dietharz

Total time: 14:36:18

Number: 565

Speed: 11.50 km/h

Running performance: 5:11 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 59 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 10(of 66)

Mixstaffel

Best time in the category: 11:54:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Hohe Sonne	15.02	1:17:11	5:08	28	15:58	114	25:14	15.02	1:17:11	5:08	28	15:58	222	25:14	
Kleiner Inselsber	18.94	1:39:59	5:16	16	16:22	64	23:47	33.96	2:57:10	5:13	15	30:11	66	47:29	
Neue Ausspanne	13.90	1:21:11	5:50	25	16:11	137	33:57	47.86	4:18:21	5:23	15	46:05	225	1:21:26	
Grenzadler	13.68	1:17:06	5:38	20	14:00	109	24:03	61.54	5:35:27	5:27	17	53:10	225	1:45:29	
Allzunah	19.96	1:50:07	5:31	39	37:40	153	37:40	81.50	7:25:34	5:28	19	1:27:30	223	2:17:26	
Masserberg	17.89	1:37:26	5:26	20	34:29	90	34:29	99.39	9:03:00	5:27	15	1:46:00	94	2:47:00	
Neuhaus	19.86	1:45:03	5:17	24	34:41	95	34:41	119.25	10:48:03	5:26	14	2:19:48	225	3:08:50	
Schildwiese	13.54	1:07:12	4:57	9	5:52	56	25:34	132.79	11:55:15	5:23	12	2:25:34	225	3:27:08	
Grumbach	18.58	1:19:45	4:17	6	10:03	20	14:31	151.37	13:15:00	5:15	12	2:35:37	68	3:41:25	
Blankenstein	17.60	1:21:18	4:37	6	7:49	49	17:34	168.97	14:36:18	5:11	10	2:41:22	59	3:57:56	