



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Harzer Teufel powered by Michel Ingermeier **Total time: 11:25:55**

Number: 105

Speed: 14.70 km/h

Running performance: 4:04 min/km

Course: 168.97 km
Hörschel-Blankenstein

Rank in course: 5 (of 225)

Best time in course: 10:38:22

Category:
Männerstaffel

Rank in category: 5(of 147)

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:00:40	4:02	8	8:43	8	8:43	15.02	1:00:40	4:02	8	8:43	8	8:43
Kleiner Inselsber	18.94	1:29:53	4:44	12	13:41	17	13:41	33.96	2:30:33	4:25	10	20:52	12	20:52
Neue Ausspanne	13.90	56:01	4:01	8	8:47	8	8:47	47.86	3:26:34	4:18	7	29:39	7	29:39
Grenzadler	13.68	56:21	4:07	6	3:18	6	3:18	61.54	4:22:55	4:16	7	32:57	7	32:57
Allzunah	19.96	1:18:12	3:55	6	4:11	9	5:45	81.50	5:41:07	4:11	5	32:59	5	32:59
Masserberg	17.89	1:13:53	4:07	9	8:02	13	10:56	99.39	6:55:00	4:10	5	39:00	5	39:00
Neuhaus	19.86	1:25:34	4:18	8	9:46	11	15:12	119.25	8:20:34	4:11	5	41:21	5	41:21
Schildwiese	13.54	50:27	3:43	3	8:49	3	8:49	132.79	9:11:01	4:08	5	42:54	5	42:54
Grumbach	18.58	1:11:10	3:49	3	5:56	4	5:56	151.37	10:22:11	4:06	5	48:36	5	48:36
Blankenstein	17.60	1:03:44	3:37	1	-	1	-	168.97	11:25:55	4:03	5	47:33	5	47:33