



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

RunningGag

Total time: 13:42:03

Number: 237

Speed: 12.26 km/h

Running performance: 4:52 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 27 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 21(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:14:02	4:55	54	22:05	77	22:05	15.02	1:14:02	4:55	54	22:05	77	22:05
Kleiner Inselsber	18.94	1:43:22	5:27	58	27:10	82	27:10	33.96	2:57:24	5:13	52	47:43	70	47:43
Neue Ausspanne	13.90	1:04:24	4:37	30	17:10	32	17:10	47.86	4:01:48	5:03	33	1:04:53	44	1:04:53
Grenzadler	13.68	59:51	4:22	10	6:48	10	6:48	61.54	5:01:39	4:54	23	1:11:41	27	1:11:41
Allzunah	19.96	1:29:34	4:29	27	15:33	33	17:07	81.50	6:31:13	4:48	21	1:23:05	25	1:23:05
Masserberg	17.89	1:25:47	4:47	29	19:56	36	22:50	99.39	7:57:00	4:47	22	1:41:00	27	1:41:00
Neuhaus	19.86	1:54:30	5:45	104	38:42	147	44:08	119.25	9:51:30	4:57	25	2:12:17	31	2:12:17
Schildwiese	13.54	1:05:08	4:48	38	23:30	44	23:30	132.79	10:56:38	4:56	23	2:28:31	29	2:28:31
Grumbach	18.58	1:33:22	5:01	61	28:08	82	28:08	151.37	12:30:00	4:57	26	2:56:25	33	2:56:25
Blankenstein	17.60	1:12:03	4:05	12	8:19	12	8:19	168.97	13:42:03	4:51	21	3:03:41	27	3:03:41