



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Die Döllberggemenen

Number: 201

Course: 168.97 km
Hörschel-Blankenstein

Category:
Männerstaffel

Total time: 14:29:09

Speed: 11.60 km/h

Running performance: 5:08 min/km

Rank in course: 57 (of 225)

Best time in course: 10:38:22

Rank in category: 45(of 147)

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:12:39	4:50	41	20:42	60	20:42	15.02	1:12:39	4:50	41	20:42	60	20:42
Kleiner Inselsber	18.94	1:37:14	5:08	33	21:02	47	21:02	33.96	2:49:53	5:00	28	40:12	40	40:12
Neue Ausspanne	13.90	1:22:57	5:58	115	35:43	155	35:43	47.86	4:12:50	5:16	58	1:15:55	72	1:15:55
Grenzadler	13.68	1:02:21	4:33	17	9:18	18	9:18	61.54	5:15:11	5:07	35	1:25:13	46	1:25:13
Allzunah	19.96	1:53:43	5:41	116	39:42	164	41:16	81.50	7:08:54	5:15	62	2:00:46	77	2:00:46
Masserberg	17.89	1:20:06	4:28	19	14:15	24	17:09	99.39	8:29:00	5:07	36	2:13:00	49	2:13:00
Neuhaus	19.86	1:38:51	4:58	34	23:03	51	28:29	119.25	10:07:51	5:05	36	2:28:38	47	2:28:38
Schildwiese	13.54	1:19:09	5:50	107	37:31	152	37:31	132.79	11:27:00	5:10	41	2:58:53	53	2:58:53
Grumbach	18.58	1:40:00	5:22	96	34:46	132	34:46	151.37	13:07:00	5:11	48	3:33:25	60	3:33:25
Blankenstein	17.60	1:22:09	4:40	43	18:25	54	18:25	168.97	14:29:09	5:08	45	3:50:47	57	3:50:47