



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Rennschnecken

Total time: 15:40:06

Number: 543

Speed: 10.72 km/h

Running performance: 5:34 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 122 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 20(of 66)

Mixstaffel

Best time in the category: 11:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:18:26	5:13	32	17:13	123	26:29	15.02	1:18:26	5:13	32	17:13	222	26:29
Kleiner Inselsber	18.94	2:03:19	6:30	55	39:42	196	47:07	33.96	3:21:45	5:56	50	54:46	222	1:12:04
Neue Ausspanne	13.90	1:23:29	6:00	34	18:29	161	36:15	47.86	4:45:14	5:57	47	1:12:58	225	1:48:19
Grenzdler	13.68	1:12:22	5:17	11	9:16	75	19:19	61.54	5:57:36	5:48	33	1:15:19	225	2:07:38
Allzunah	19.96	1:35:07	4:45	10	22:40	58	22:40	81.50	7:32:43	5:33	22	1:34:39	223	2:24:35
Masserberg	17.89	1:52:17	6:16	40	49:20	173	49:20	99.39	9:25:00	5:41	23	2:08:00	134	3:09:00
Neuhaus	19.86	1:56:37	5:52	44	46:15	157	46:15	119.25	11:21:37	5:42	28	2:53:22	225	3:42:24
Schildwiese	13.54	1:17:18	5:42	28	15:58	137	35:40	132.79	12:38:55	5:42	29	3:09:14	225	4:10:48
Grumbach	18.58	1:39:01	5:19	25	29:19	123	33:47	151.37	14:17:56	5:40	26	3:38:33	225	4:44:21
Blankenstein	17.60	1:22:10	4:40	9	8:41	55	18:26	168.97	15:40:06	5:33	20	3:45:10	122	5:01:44