



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Spitzensalat des WSV Ilmenau

Total time: 14:50:57

Number: 167

Speed: 11.31 km/h

Running performance: 5:16 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 69 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 54(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:11:47	4:46	38	19:50	52	19:50	15.02	1:11:47	4:46	38	19:50	52	19:50
Kleiner Inselsber	18.94	1:44:14	5:30	64	28:02	88	28:02	33.96	2:56:01	5:10	43	46:20	60	46:20
Neue Ausspanne	13.90	1:09:11	4:58	46	21:57	53	21:57	47.86	4:05:12	5:07	46	1:08:17	57	1:08:17
Grenzadler	13.68	1:22:39	6:02	113	29:36	157	29:36	61.54	5:27:51	5:19	55	1:37:53	69	1:37:53
Allzunah	19.96	1:43:06	5:09	84	29:05	111	30:39	81.50	7:10:57	5:17	67	2:02:49	82	2:02:49
Masserberg	17.89	1:42:03	5:42	86	36:12	113	39:06	99.39	8:53:00	5:21	63	2:37:00	78	2:37:00
Neuhaus	19.86	1:43:20	5:12	57	27:32	83	32:58	119.25	10:36:20	5:20	60	2:57:07	73	2:57:07
Schildwiese	13.54	1:27:28	6:27	134	45:50	201	45:50	132.79	12:03:48	5:27	76	3:35:41	92	3:35:41
Grumbach	18.58	1:28:12	4:44	40	22:58	56	22:58	151.37	13:32:00	5:21	62	3:58:25	77	3:58:25
Blankenstein	17.60	1:18:57	4:29	28	15:13	34	15:13	168.97	14:50:57	5:16	54	4:12:35	69	4:12:35