



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

RiMa Fresh Fruits

Total time: 15:47:27

Number: 137

Speed: 10.64 km/h

Running performance: 5:37 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 128 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 22(of 66)

Mixstaffel

Best time in the category: 11:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:15:37	5:02	23	14:24	96	23:40	15.02	1:15:37	5:02	23	14:24	222	23:40
Kleiner Inselsber	18.94	2:12:34	6:59	59	48:57	212	56:22	33.96	3:28:11	6:07	55	1:01:12	222	1:18:30
Neue Ausspanne	13.90	1:21:07	5:50	24	16:07	136	33:53	47.86	4:49:18	6:02	51	1:17:02	225	1:52:23
Grenzadler	13.68	1:31:39	6:41	55	28:33	201	38:36	61.54	6:20:57	6:11	56	1:38:40	225	2:30:59
Allzunah	19.96	1:45:59	5:18	30	33:32	130	33:32	81.50	8:06:56	5:58	49	2:08:52	223	2:58:48
Masserberg	17.89	1:49:04	6:05	33	46:07	155	46:07	99.39	9:56:00	5:59	46	2:39:00	225	3:40:00
Neuhaus	19.86	1:40:45	5:04	17	30:23	61	30:23	119.25	11:36:45	5:50	38	3:08:30	225	3:57:32
Schildwiese	13.54	1:08:08	5:01	10	6:48	65	26:30	132.79	12:44:53	5:45	35	3:15:12	225	4:16:46
Grumbach	18.58	1:21:07	4:21	7	11:25	24	15:53	151.37	14:06:00	5:35	22	3:26:37	124	4:32:25
Blankenstein	17.60	1:41:27	5:45	41	27:58	168	37:43	168.97	15:47:27	5:36	22	3:52:31	128	5:09:05