



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Die himmelblauen Ziegenböcke

Number: 213

Course: 168.97 km
Hörschel-Blankenstein

Category:
Männerstaffel

Total time: 14:58:25

Speed: 11.22 km/h

Running performance: 5:19 min/km

Rank in course: 73 (of 225)

Best time in course: 10:38:22

Rank in category: 57(of 147)

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:20:51	5:22	103	28:54	143	28:54	15.02	1:20:51	5:22	103	28:54	143	28:54
Kleiner Inselsber	18.94	1:48:17	5:43	91	32:05	123	32:05	33.96	3:09:08	5:34	96	59:27	131	59:27
Neue Ausspanne	13.90	1:15:41	5:26	83	28:27	98	28:27	47.86	4:24:49	5:31	83	1:27:54	112	1:27:54
Grenzadler	13.68	1:13:02	5:20	64	19:59	79	19:59	61.54	5:37:51	5:29	77	1:47:53	98	1:47:53
Allzunah	19.96	1:48:20	5:25	104	34:19	145	35:53	81.50	7:26:11	5:28	89	2:18:03	111	2:18:03
Masserberg	17.89	1:38:49	5:31	71	32:58	94	35:52	99.39	9:05:00	5:29	81	2:49:00	99	2:49:00
Neuhaus	19.86	1:42:13	5:08	50	26:25	72	31:51	119.25	10:47:13	5:25	72	3:08:00	88	3:08:00
Schildwiese	13.54	1:09:49	5:09	59	28:11	75	28:11	132.79	11:57:02	5:23	69	3:28:55	84	3:28:55
Grumbach	18.58	1:28:58	4:47	43	23:44	60	23:44	151.37	13:26:00	5:19	58	3:52:25	73	3:52:25
Blankenstein	17.60	1:32:25	5:15	79	28:41	104	28:41	168.97	14:58:25	5:19	57	4:20:03	73	4:20:03