



RENNSThike WORLD CHAMPIONSHIP

Moorgrund OT Gumpelstadt / 04.05.2019-05.05.2019

Detailed evaluation

Zamzow, Stephanie

Club: LT Altensteiner Park

Number: 4082

Course: 43.10 km

Ahorn-Marsch

Category:

Frauen

Total time: 7:33:25

Speed: 5.70 km/h

Rank in course/Total: 21 (of 76)

Rank in course/Women: 9 (of 32)

Best time in course: 6:43:26

Rank in category: 9(of 32)

Best time in the category: 6:43:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Bad Tabarz	5.00	48:23	6.20	12	5:51	12	5:51	5.00	48:23	6.20	12	5:51	12	5:51
Großer Inselsber	5.10	1:05:18	4.69	6	4:19	6	4:19	10.10	1:53:41	5.33	8	10:10	8	10:10
Dreiherrnstein	4.90	58:20	5.04	10	10:24	10	10:24	15.00	2:52:01	5.23	8	20:03	8	20:03
Hubertushaus	8.80	1:30:24	5.84	3	3:58	3	3:58	23.80	4:22:25	5.44	4	22:41	4	22:41
Hohe Sonne	4.70	42:23	6.65	2	1:25	2	1:25	28.50	5:04:48	5.61	8	32:08	8	32:08
Altenberger See	3.30	34:55	5.67	6	5:09	6	5:09	31.80	5:39:43	5.62	7	37:17	7	37:17
Möhra	7.40	1:13:57	6.00	12	54:18	12	54:18	39.20	6:53:40	5.69	6	48:27	6	48:27
Finish	3.90	39:45	5.89	7	3:23	7	3:23	43.10	7:33:25	5.70	9	49:59	9	49:59