



21. Schöninger MTB-Cup
Schöningen / 31.08.2019

Detailed evaluation

Lange, Dirk

Club: Bike Sport Bad Salzdetfurth e.V.
Number: 525

Course: 62.50 km

Rennen 1: Marathon Lang

Category:

Masters 3 (m)

Total time: 3:28:20.3

Speed: 17.86 km/h

Rank in course/Total: 20 (of 22)

Rank in course/Men: 20 (of 22)

Best time in course: 2:25:35.3

Rank in category: 9(of 10)

Best time in the category: 2:27:55.4

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men	Men
Lap 1	12.50	39:42.5	18.14	10	10:36.8	21	10:36.8	12.50	39:42.5	18.14	10	10:36.8	21	10:36.8
Lap 2	12.50	41:17.0	17.44	10	12:10.5	21	12:13.0	25.00	1:20:59.6	18.52	10	22:46.5	21	22:47.6
Lap 3	12.50	39:12.5	18.37	9	10:18.9	19	10:18.9	37.50	2:00:12.1	18.47	9	33:05.5	20	33:06.1
Lap 4	12.50	39:45.2	18.11	9	10:10.2	19	11:04.0	50.00	2:39:57.3	18.76	9	43:15.7	20	44:10.2
Last lap Elmhaus	12.50	48:22.9	14.89	9	17:09.1	20	18:34.7	62.50	3:28:20.3	17.86	9	1:00:24.8	20	1:02:45.0