



39. Silberberglauf  
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

**Bolz, Stefan**

Club: Langewiesen  
Number: 588

Course: 18.00 km  
Großer Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:42:20

Speed: 10.55 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 23 (of 37)

Rank in course/Men: 20 (of 26)

Best time in course: 1:21:38

Rank in category: 7(of 7)

Best time in the category: 1:22:42